

For Immediate Release  
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## **COMMUNITY LEADERS JOIN WITH VNA FOR MARCH FOR MEALS**

The final week of the Visiting Nurse Association's month-long March For Meals celebration began with a March 29 breakfast at the Patrick and Beatrice Haggerty Center, site of the VNA's Meals on Wheels kitchen. Attendees included Dallas Mayor Tom Leppert, Deputy Mayor Pro Tem Pauline Medrano, city council members Tennell Atkins and David Neumann, members of VNA's board of directors, and other community leaders.

Information was presented about the VNA's Meals on Wheels program in Dallas County and the need for volunteers to meet the growing requests for the service. Following the breakfast, Mayor Leppert delivered Meals on Wheels to homebound elderly residents of West Dallas.

The month of March has been designated by the Meals on Wheels Association of America to recognize the importance of Meals on Wheels programs to communities across the United States. March was chosen because The Older Americans Act of 1965 was amended on March 22, 1972 to create the first national nutrition program for the elderly.



Information about becoming a volunteer driver with VNA Meals on Wheels can be obtained by calling (214) 689-2211 or going online at [www.vnatexas.org](http://www.vnatexas.org).

**Malik Sabour, a Meals on Wheels driver with the Visiting Nurse Association, assists Dallas Mayor Tom Leppert with a delivery during "March For Meals."**

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