

## **MLK JR. DAY OF SERVICE BRINGS OUT VOLUNTEERS AND SOME HOLIDAY FUN**

More than 600 volunteers turned out for the Visiting Nurse Association's 2<sup>nd</sup> Annual Martin Luther King Jr. Day of Service on January 16 to deliver all 4,000 Meals on Wheels in Dallas County. Also helping out was the Wee Volunteers organization, which introduces children accompanied by their mothers to volunteer service. Their meal deliveries were made especially fun by riding in a bus decorated with 1960s era psychedelic colors.

In addition, VNA board chairman Victor Elmore and Joyce Gause, manager of VNA Meals on Wheels operations, surprised a Meals on Wheels client who turned 86-years-old that day with a birthday cake delivery.

"The MLK Jr. Day of Service helps highlight our need for volunteers," Ms. Gause commented. "Nearly 60 percent of our Meals on Wheels deliveries on a typical day are made by paid drivers because of a volunteer shortage. A volunteer delivering just one Meals on Wheels route on a single day saves VNA enough money to provide a homebound elderly individual with a home-delivered meal for an entire week," she added.

Individuals or groups interested in volunteering to deliver Meals on Wheels should call 214-689-2210 or go online at [www.vnatexas.org](http://www.vnatexas.org).



**"Wee Volunteers" and their mothers rode in a 1960s era psychedelic bus to deliver Meals on Wheels during the MLK Jr. Day of Service.**

**Volunteers made all 4,000 Meals on Wheels deliveries in Dallas County for the Visiting Nurse Association.**

