

FOR IMMEDIATE RELEASE
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FOR MEALS ON WHEELS VOLUNTEER, 100TH BIRTHDAY IS JUST ANOTHER DELIVERY DAY

Ernest Evans and his daughter, Martha Feldman, have delivered Meals on Wheels for the Visiting Nurse Association once a month for the past six years. Ernest's 100th birthday on September 4, 2007 was no different, except for a small celebration held in his honor before he delivered his Meals on Wheels route in the Oak Cliff section of Dallas.

Party attendees included Robert Carpenter, VNA president and CEO, and Helen Nixon, VNA board chairman, who presented Ernest with gifts from VNA. The group also enjoyed a chocolate birthday cake, Ernest's favorite.

Although 74-year-old Martha does the driving for their Meals on Wheels deliveries, Ernest handles loading and unloading the meals and drinks, and getting them to the door.

Ernest points out that he doesn't need glasses, a hearing aid, or a walker. Asked the secret of his longevity, Ernest credits it to a "garden diet" and work. Since his birthday this year fell on the day after Labor Day, Ernest was glad to get back to work delivering meals. He didn't want to take too much time off.

Information about delivering Meals on Wheels in Dallas County for the Visiting Nurse Association can be obtained by contacting Betsy Cox at (214) 689-2210 or coxbe@vnatexas.org.

(more)



Robert Carpenter (left), VNA president and CEO, and Helen Nixon (right), VNA board chairman, join Ernest Evans, a Meals on Wheels volunteer, at his 100th birthday on September 4, 2007.



Ernest Evans and his daughter, Martha Feldman, have delivered VNA Meals on Wheels for over six years.

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