

For Immediate Release  
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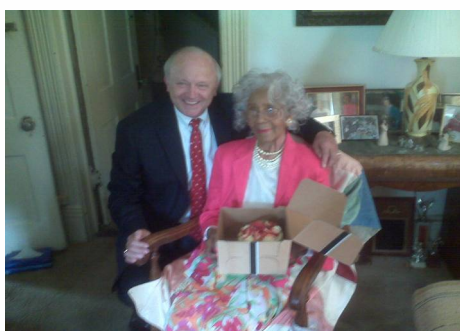
## **VNA MEALS ON WHEELS DELIVERS HAPPY BIRTHDAY WISHES**

The Visiting Nurse Association is sending special birthday wishes to the oldest Meals on Wheels client celebrating a birthday each month. A birthday cake and card signed by VNA staff are delivered with Meals on Wheels on the client's birth date.

Dallas resident Princella Hartman received a surprise delivery July 9 from VNA president and CEO Robert Carpenter, who brought Meals on Wheels and a cake to her home to celebrate her 104th birthday. She is the oldest Meals on Wheels recipient in Dallas County, but only by a month! Another Meals on Wheels client will be 104 years old in August. Thirteen Meals on Wheels clients turn 100 years of age or older in 2010.

Ms. Hartman devoted much of her life to serving the community. She was a leader in the successful effort to preserve the historic State -Thomas neighborhood where she lives and was also an early civil rights advocate. The area's Hartman Street is named in her honor.

Happy birthday, Ms. Hartman, and to all of our Meals on Wheels clients in 2010!



**VNA president and CEO Robert Carpenter delivers a special birthday cake to Meals on Wheels client Princella Hartman on July 9.**

**Hartman Street in the historic State-Thomas district in Dallas was named to honor Princella Hartman for her preservation efforts and civil rights work .**



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