

## VNA Branch Offices

Dallas County: 214-689-0000

VNA of Tarrant County: 817-654-4494

Ann's Haven VNA: 940-349-5900  
*(serving Denton County)*

VNA of Kaufman County: 972-962-7500

VNA of Collin County: 972-562-0140

### SPECIALTY CARE

## Chronic Obstructive Pulmonary Disease (COPD)

### Specialized Care for Your Individual Needs

VNA caregivers provide a multidisciplinary COPD program that may include:

- Skilled nursing care
- Physical and occupational therapies
- Home health aides
- Telehealth monitoring
- COPD workbook



Telehealth monitoring is a small monitor provided in the home that:

- Daily measures your heart rate, blood pressure, and other important indicators
- Asks and records a series of daily questions for a comprehensive assessment of patient status
- Is monitored by experienced clinical staff

Each patient who has a diagnosis of COPD receives a specialized COPD workbook and teaching from clinical staff.

### Caring Philosophy of VNA COPD Program

Listening to, responding, and truly caring for your quality of life and well-being forms the backbone of VNA's caring philosophy.

VNA wants to help you independently manage your chronic disease through:

- Regaining your health and functional independence
- Remaining in your home for as long as safely possible
- Assisting you in ordering equipment as disease progresses
- Provide education by trained clinicians
- Improving your quality of life
- Medication and diet management
- Energy conservation

### A Teaching Approach to Patient Care

Your education plays an important role in managing your disease and the decision-making process about your treatment.

The VNA nurse and treatment team will assist you and your family with:

- Recognizing signs and symptoms of worsening of disease
- Providing on-call nurse 24 hours a day, 7 days a week, to assist with complications when on VNA service
- Advising when additional services might be needed



Visiting Nurse Association  
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