



HOME HEALTH • BRIDGE  
HOSPICE • LONG-TERM CARE

## SPECIALTY CARE

# Diabetes

## VNA Branch Offices

Dallas County: 214-689-0000

VNA of Tarrant County: 817-654-4494

Ann's Haven VNA: 940-349-5900  
(serving Denton County)

VNA of Kaufman County: 972-962-7500

VNA of Collin County: 972-562-0140

## Specialized Care for Your Individual Needs

VNA Diabetes caregivers enable patients like you to independently manage your disease at home, using specially-developed American Diabetes Association (ADA) standards of care.

VNA Diabetes Care is a multidisciplinary approach that includes supervision by a Certified Diabetes Educator. Care is administered through professional:

- Registered nurses
- Physical and/or occupational therapists
- Medical social workers



Focus of treatment is on:

- Effective disease and diet management
- Comprehensive, education-based service
- Psychological aspects of disease
- Prevention

## Philosophy of VNA Diabetes Care Program

VNA is committed to providing a quality diabetes care program to:

- Assist you in effectively managing a chronic condition for which there is no cure
- Listen, respond to, and truly care for improving your quality of life
- Help you regain health and functional independence, empowering you to remain in your home
- Provide you with a glucometer to facilitate blood sugar monitoring for short- and long-term care

## A Teaching Approach to Patient Care

Timely and effective communication with patients, families, doctors, social workers, and others involved in your care is the cornerstone of VNA's service concept.

Nurses utilize a Disease Workbook to teach you the ADA Standards of Diabetes Care, including:

- Lifestyle management
- Proper drawing techniques for blood sugar analysis and insulin administration
- Medical nutrition therapy
- Physical activity
- Hypoglycemia/Hyperglycemia

The VNA nurse and treatment team will assist you and your family with:

- Recognizing signs and symptoms of worsening of disease
- Providing on-call nurse 24 hours a day, 7 days a week, to assist with complications when on VNA service
- Advising when additional services might be needed



Visiting Nurse Association  
1440 W. Mockingbird Lane  
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Serving Dallas, Collin, Kaufman, Tarrant, Denton, Rockwall, Ellis, Henderson, and Van Zandt Counties