



HOME HEALTH • BRIDGE
HOSPICE • LONG-TERM CARE

SPECIALTY CARE Parkinson's

VNA Branch Offices

Dallas County: 214-689-0000

VNA of Tarrant County: 817-654-4494

Ann's Haven VNA: 940-349-5900
(serving Denton County)

VNA of Kaufman County: 972-962-7500

VNA of Collin County: 972-562-0140

Specialized Care for Your Individual Needs

Based on the physician's orders, a VNA "care team" is assembled in which members work in a coordinated plan, each working with you, the patient:

- Physical Therapist – Fall prevention, posture, strengthening exercises, gait training, etc . . .
- Occupational Therapist – Handwriting, daily activities (dressing, bathing, fine motor coordination)
- Speech Therapist – Swallowing, voice volume, and projection
- Medical Social Workers – Assist you and your caregiver on relationship, stress management, and other disease-adjustment issues
- Nurse – Medication management, compliance, and disease management and diet education

Philosophy of VNA's Parkinson's Disease Care Program

The comprehensive care provided by VNA is designed to help you:

- Maintain the highest quality of life possible
- Regain mobility, speech, and language skills
- Remain in the home for as long as safely possible
- Obtain appropriate adaptive equipment

VNA's goal is to help your family manage the chronic disease by:

- Effectively adapting to a lifestyle with the disease
- Early detection of complications, and recognizing progression of disease
- Educating your caregiver(s) about community services to assist them in dealing with the disease to avoid burnout

A Teaching Approach to Patient Care

Your education plays an important role in managing your disease and the decision-making process about your treatment. VNA will:

- Help you and your caregiver recognize signs and symptoms of worsening of disease
- Aid in diet and nutrition management
- Educate on medication management



The VNA nurse and treatment team will assist you and your family with:

- Providing on-call nurse 24 hours a day, 7 days a week, to assist with complications when on VNA service
- Advising when additional services might be needed



Visiting Nurse Association
1440 W. Mockingbird Lane
Dallas, Texas 75247
www.vnatexas.org



Serving Dallas, Collin, Kaufman, Tarrant, Denton, Rockwall, Ellis, Henderson, and Van Zandt Counties