Meals on Wheels November COVID-19 Menu 2020

TUESDAY	TUESDAY	THURSDAY	THURSDAY	THURSDAY
11/3/2020 - HOT	11/3/2020 - BREAKFAST	11/5/2020 - HOT	11/5/2020 - FROZEN	11/5/2020 - FROZEN
Beef Burgundy Patty	Orange Juice	Cheesy Mushroom Chicken	Beef with Mushroom Gravy	BBQ Chicken Meatballs
Whipped Potatoes	Peanut Butter	Confetti Rice	Crispy Cubed Potatoes	Ranch Beans
Mixed Vegetables	Multi Grain Bread	Country Tomatoes	Sliced Carrots	Cauliflower
Wheat Bread	String Cheese	Wheat Bread	Dinner Roll	Dinner Roll
Gingerbread Cookie	Toasty O's Cereal/Milk	Chocolate Chip Cookie	Apple Juice	Orange Juice
Milk	Fresh Banana	Milk	Milk	Milk
11/10/2020 - HOT	11/10/2020 - BREAKFAST	11/12/2020 - HOT	11/12/2020 - FROZEN	11/12/2020 - FROZEN
Sloppy Joe on Bun	Cranberry Juice	Beef Chili with Beans	Chicken Fajita	Thai Chili Chicken
Herbed Green Peas	Peanut Butter	Whole Kernel Corn	Pinto Beans	Green Peas
Cauliflower with Red Peppers	Multi Grain Bread	Mixed Greens	Stewed Tomatoes	Japanese Vegetables
Fresh Apple	Toasty O's Cereal/Milk	Saltine Crackers	Whole Wheat Tortilla	Dinner Roll
Milk	Fresh Banana	Brownie	Orange Pineapple Juice	Fig Bar
	Pineapple Tidbits	Milk	Milk	Milk
11/17/2020 - HOT	11/17/2020 - BREAKFAST	11/19/2020 - HOT	11/19/2020 - FROZEN	11/19/2020 - FROZEN
Pasta w/ Meatballs	Orange Juice	Honey Glazed Ham*	Salisbury Beef w/Brown Gravy	Baked Chicken
Steamed Cabbage	Peanut Butter	Lima Beans	Lima Beans	Crispy Cubed Potatoes
Parsley Carrots	Multi Grain Bread	Stewed Tomatoes	Sliced Carrots	Mixed Vegetables
Texas Bread	String Cheese	Corn Muffin/Margarine	Dinner Roll	Dinner Roll
Lime Gelatin with Peaches	Toasty O's Cereal/Milk	Fresh Orange	Orange Juice	Fudge Cream Cookie
Milk	Fresh Banana	Milk	Milk	Milk
11/24/2020 - HOT	11/24/2020 - BREAKFAST	11/26/2020 - HOT	11/26/2020 - FROZEN	11/26/2020 - FROZEN
Turkey Tetrazzini	Cranberry Juice	Turkey Breast with Gravy	NO FROZEN DELIVERY	NO FROZEN DELIVERY
Broccoli	Peanut Butter	Cornbread Dressing		
Squash and Tomatoes	Multi Grain Bread	Green Beans Almandine	Please consume	Please consume
Wheat Bread	Toasty O's Cereal/Milk	Dinner Roll	one of your	one of your
Cherry Gelatin with Pineapple	Fresh Banana	Pumpkin Pudding	shelf stable meals	shelf stable meals
Milk	Pineapple Tidbits	Milk/Cranberry Sauce		

Note: *contains pork

*** During COVID-19, deliveries will take place only on Tuesdays and Thursdays in order to keep everyone as safe as possible.***