

Meals on Wheels September COVID-19 Menu 2020

TUESDAY	TUESDAY	THURSDAY	THURSDAY	THURSDAY
9/1/2020 - HOT	9/1/2020 - BREAKFAST	9/3/2020 - HOT	9/3/2020 - FROZEN	9/3/2020 - FROZEN
Turkey Tetrazzini Broccoli Squash & Tomatoes Cherry Gelatin w/ Pineapple Wheat Bread Milk	Cranberry Juice Peanut Butter Multi Grain Bread Toasty O's Cereal/Milk Fresh Banana Pineapple Tidbits	BBQ Pork on Bun* Macaroni & Cheese Italian Green Beans Fresh Apple Milk	Chicken Fajita Pinto Beans Stewed Tomatoes Whole Wheat Tortilla Orange Pineapple Juice Milk	Thai Chili Chicken Green Peas Japanese Vegetables Dinner Roll Fig Bar Milk
9/8/2020 - HOT	9/8/2020 - BREAKFAST	9/10/2020 - HOT	9/10/2020 - FROZEN	9/10/2020 - FROZEN
Beef Stroganoff Broccoli Zucchini & Tomatoes Fresh Orange Texas Bread Milk	Orange Juice Peanut Butter Multi Grain Bread String Cheese Toasty O's Cereal/Milk Fresh Banana	Chopped Pastrami on Bun Macaroni & Cheese Catalina Vegetables Nutty Buddy Bar Milk	Salisbury Steak w/Brown Gravy Lima Beans Sliced Carrots Dinner Roll Orange Juice Milk	Baked Chicken Crispy Cubed Potatoes Mixed Vegetables Dinner Roll Fudge Cream Cookie Milk
9/15/2020 - HOT	9/15/2020 - BREAKFAST	9/17/2020 - HOT	9/17/2020 - FROZEN	9/17/2020 - FROZEN
Turkey Noodle Casserole Lemon Brussles Sprouts Seasoned Cauliflower Fresh Orange Texas Bread Milk	Cranberry Juice Peanut Butter Multi Grain Bread Toasty O's Cereal/Milk Fresh Banana Pineapple Tidbits	Mushroom Pork Patty* Black-Eyed Peas Steamed Cabbage Oatmeal Raisin Cookie Corn Muffin/Margarine Milk	BBQ Chicken Ranch Beans Mixed Vegetables Dinner Roll Apple Juice Milk	Pesto Chicken Lima Beans Sliced Carrots Dinner Roll Orange Juice Milk
9/22/2020 - HOT	9/22/2020 - BREAKFAST	9/24/2020 - HOT	9/24/2020 - FROZEN	9/24/2020 - FROZEN
Beef Burgundy Patty Whipped Potatoes Mixed Vegetables Gingerbread Cookie Wheat Bread Milk	Orange Juice Peanut Butter Multi Grain Bread String Cheese Toasty O's Cereal/Milk Fresh Banana	Cheesy Chicken Breast Confetti Rice Country Tomatoes Chocolate Chip Cookie Wheat Bread Milk	Chicken Alfredo Meatballs Whole Kernel Corn Diced Beets Dinner Roll Apple Juice Milk	Meatloaf with Brown Gravy Crispy Cubed Potatoes Green Beans Dinner Roll Orange Juice Milk
9/29/2020 - HOT	9/29/2020 - BREAKFAST			
Sloppy Joe on Bun Herbed Green Peas Cauliflower w/ Red Peppers Lemon Berry Pudding Milk	Cranberry Juice Peanut Butter Multi Grain Bread Toasty O's Cereal/Milk Fresh Banana Pineapple Tidbits			

Note: *contains pork

*** During COVID-19, deliveries will take place only on Tuesdays and Thursdays in order to keep everyone as safe as possible.***