Visiting Nurse Association

Meals on Wheels Hospice & Palliative Care

What started out as a few public school nurses volunteering their time to care for the under-served, has become North Texas' **Aging Resource** providing services, knowledge and support to help thousands of North Texans age with dignity.

With 10,000 Baby Boomers turning 65 every day, our aging population is growing and expanding like never before. VNA programs and expertise are needed now more than ever.

Studies show that helping seniors stay in their homes helps them live longer, happier, more vibrant lives. Since 1934, Visiting Nurse Association (VNA) has helped people age with dignity and independence at home. If you or your loved one needs help aging with dignity, or if you wish to volunteer or donate to VNA, call 1(800)CALL-VNA or email gethelp@vnatexas.org.

For more than 87 years, VNA has relied on the generosity of others who share our passion of helping North Texans live happier, healthier lives with dignity and respect. The success of VNA depends heavily on the support of **volunteers and donors** who are committed to VNA's mission. VNA has a variety of ways for individuals of all ages to get involved. Whether you are 4 or 104, you can help VNA make a difference in the lives of seniors in our community.

COUNTIES SERVED:

VNA offers Meals on Wheels in Dallas County, and VNA Hospice and Palliative Care in Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Henderson, Hunt, Kaufman, Rockwall, Tarrant, Van Zandt, Wise Counties and parts of Johnson and Navarro Counties. FOR SERVICES Email gethelp@vnatexas.org

or call 214-689-0000 or 1-800-CALL-VNA

TO VOLUNTEER

Email volunteer@vnatexas.org or call (214) 689-2210

TO DONATE

Email friends@vnatexas.org or call (214) 689-2265



VNA Headquarters & Dallas Branch 1420 West Mockingbird Lane, Suite 700 Dallas, TX 75247 (214) 689-0000 Counties Served: Dallas and Tarrant

East Texas Branch

874 Ed Hall Drive, Suite 105 Kaufman, TX 75142 (972) 962-7500 Counties Served: Ellis, Henderson, Hunt, Kaufman, Rockwall & Van Zandt with parts of Johnson and Navarro VNA Haggerty Center (Patrick & Beatrice Haggerty Meals on Wheels Kitchen) 1440 W. Mockingbird Ln., Dallas, TX 75247 (214) 689-2639 Counties Served: Dallas

VNA Ann's Haven

2800 Shoreline Dr., Suite 250 Denton, TX 76210 (940) 349-5900 Counties Served: Denton, Tarrant, Wise and parts of Cooke **Collin Branch** 7290 Virginia Parkway, Suite 2300 McKinney, Texas 75071 (972) 562-0140 Counties Served: Collin and Grayson







"VNA strives to provide compassionate care and a human connection to the most vulnerable in our community."



~ Katherine Krause VNA President & CEO

For more than 87 years, VNA has provided the highest quality care in the home. Through Hospice Care, VNA Care Choices and VNA Meals on Wheels programs, we are the premier aging resource for the people of North Texas.

Our mission is to help people age with dignity and independence at home.

As Texas' first nonprofit and most trusted hospice provider, VNA Hospice Care focuses on living life to its fullest and treating our patients and families with the dignity and respect they deserve. Terminally ill patients often feel like they are losing control. VNA helps give these patients back the control they need by providing the necessary freedom to spend their final days as they wish in a comfortable, pain-free, and loving environment.

VNA Hospice Care provides care for more than 1,000 patients each year and some of these patients receive care through charitable funding. Charitably funded patients are ineligible for <u>Medicare's hospice benefit and have no other means to pay</u>.



As the first Medicare-sponsored, home-based palliative care program in North Texas, VNA Care Choices provides services for patients with life-limiting illnesses while they have the freedom to continue seeking treatment. Patients have access to a dedicated care team to manage pain and other symptoms along with social, spiritual and emotional support. Expert staff help patients and their families navigate the medical system and weigh options for treatment.

Expanding our continuum of care, VNA Care Choices embodies our commitment to helping people age with dignity and independence at home.





VNA's passion for serving the hungry and homebound is unparalleled. VNA Meals on Wheels delivers nutritious, freshly prepared hot meals to 4,600 Dallas County residents Monday through Friday. Our clients are the hidden hungry—homebound and unable to access resources like food banks and grocery stores. Whether because of illness, advanced age or disability, we help those who can no longer prepare meals for themselves.

In addition to providing nourishing meals, VNA Meals on Wheels delivers "social nutrition." For many, VNA drivers and volunteers are the only visitors they see each day. Offering a daily safety check as well as a friendly visit, VNA provides more than just a meal.