

Meals on Wheels November COVID-19 Menu 2020

Tuesday	Tuesday	Thursday	Thursday	Thursday
11/3/2020 - ● HOT Beef Burgundy Patty Whipped Potatoes Mixed Vegetables Wheat Bread Gingerbread Cookie Milk	11/3/2020 - ● BREAKFAST Orange Juice Peanut Butter Multi Grain Bread String Cheese Toasty O's Cereal/Milk Fresh Banana	11/5/2020 - ● HOT Cheesy Mushroom Chicken Confetti Rice Country Tomatoes Wheat Bread Chocolate Chip Cookie Milk	11/5/2020 - ● FROZEN Beef with Mushroom Gravy Crispy Cubed Potatoes Sliced Carrots Dinner Roll Apple Juice Milk	11/5/2020 - ● FROZEN BBQ Chicken Meatballs Ranch Beans Cauliflower Dinner Roll Orange Juice Milk
11/10/2020 - ● HOT Sloppy Joe on Bun Herbed Green Peas Cauliflower with Red Peppers Lemon Berry Pudding Milk	11/10/20 - ● BREAKFAST Cranberry Juice Peanut Butter Multi Grain Bread Toasty O's Cereal/Milk Fresh Banana Pineapple Tidbits	11/12/2020 - ● HOT Beef Chili with Beans Whole Kernel Corn Mixed Greens Saltine Crackers Brownie Milk	11/12/2020 - ● FROZEN Chicken Fajita Pinto Beans Stewed Tomatoes Whole Wheat Tortilla Orange Pineapple Juice Milk	11/12/2020 - ● FROZEN Thai Chili Chicken Green Peas Japanese Vegetables Dinner Roll Fig Bar Milk
11/17/2020 - ● HOT Pasta w/ Meatballs Steamed Cabbage Parsley Carrots Texas Bread Lime Gelatin with Peaches Milk	11/17/2020 - ● BREAKFAST Orange Juice Peanut Butter Multi Grain Bread String Cheese Toasty O's Cereal/Milk Fresh Banana	11/19/2020 - ● HOT Honey Glazed Ham* Lima Beans Stewed Tomatoes Corn Muffin/Margarine Fresh Orange Milk	11/19/2020 - ● FROZEN Salisbury Beef w/Brown Gravy Lima Beans Sliced Carrots Dinner Roll Orange Juice Milk	11/19/2020 - ● FROZEN Baked Chicken Crispy Cubed Potatoes Mixed Vegetables Dinner Roll Fudge Cream Cookie Milk
11/24/2020 - ● HOT Turkey Tetrizzini Broccoli Squash and Tomatoes Wheat Bread Cherry Gelatin with Pineapple Milk	12/24/2020 - ● BREAKFAST Cranberry Juice Peanut Butter Multi Grain Bread Toasty O's Cereal/Milk Fresh Banana Pineapple Tidbits	11/26/2020 - ● HOT Turkey Breast with Gravy Cornbread Dressing Green Beans Almandine Dinner Roll Pumpkin Pudding Milk/Cranberry Sauce	11/26/2020 - ● FROZEN NO FROZEN DELIVERY Please consume one of your shelf stable meals	11/26/2020 - ● FROZEN NO FROZEN DELIVERY Please consume one of your shelf stable meals

Note: *contains pork

*** During COVID-19, deliveries will take place only on Tuesdays and Thursdays in order to keep everyone as safe as possible. ***