

Meals on Wheels May COVID-19 Menu 2021

Tuesday	Wednesday	Thursday	Thursday	Thursday
5/4/2021 - HOT ● Thai Chili Pork Patty* Fried Rice Japanese Vegetables Fresh Apple Wheat Bread Milk	5/5/2021 - HOT ● Soft Turkey Taco Mexican Rice Fiesta Vegetables Creamsicle Pudding Taco Sauce Milk	5/6/2021 - HOT ● Cheesy Chicken Macaroni Broccoli Parsley Carrots Strawberry Cereal Bar Wheat Bread Milk	5/6/2021 - FROZEN ● Beef with Cream Gravy Roasted Sweet Potatoes Green Beans Dinner Roll Orange Pineapple Juice Milk	5/6/2021 - FROZEN ● Teriyaki Chicken Sugar Snap Peas Japanese Vegetables Dinner Roll Fudge Cream Cookie Milk
5/11/2021 - HOT ● Turkey Noodle Casserole Catalina Vegetables Herbed Brussels Sprouts Oatmeal Cream Cookie Wheat Bread Milk	5/12/2021 - HOT ● BBQ Chicken Parsley Rice California Vegetables Zee Zee Bar Wheat Bread Milk	5/13/2021 - HOT ● Meatloaf w/ Tomato Gravy Ranch Whipped Potatoes Herbed Green Beans Chocolate Chip Cookie Multigrain Bread Milk	5/13/2021 - FROZEN ● Beef with Rosemary Gravy Black-Eyed Peas Spinach Dinner Roll Apple Juice Milk	5/13/2021 - FROZEN ● Cranberry Chicken Lima Beans Whole Kernel Corn Dinner Roll Nutty Buddy Bar Milk
5/18/2021 - HOT ● Smoked Sausage on Bun* Black-Eyed Peas Glazed Carrots Sugar Cookie Mustard Milk	5/19/2021 - HOT ● Salisbury Steak w/ Onion Gravy Whipped Potatoes Italian Green Beans Lime Gelatin w/ Pears Dinner Roll Milk	5/20/2021 - HOT ● Rosemary Chicken Meatballs Penne Pasta Cauliflower w/ Red Peppers Fresh Apple Wheat Bread Milk	5/20/2021 - FROZEN ● Beef with Onion Gravy Crispy Cubed Potatoes Green Beans Dinner Roll Orange Juice Milk	5/20/2021 - FROZEN ● Baked Chicken Pinto Beans Sliced Carrots Dinner Roll Fig Bar Milk
5/25/2021 - HOT ● Beef Hot Dog on Bun Coleslaw Baked Beans Peach Cobbler Mustard Milk	5/26/2021 - HOT ● Baked Chicken w/ Gravy Scalloped Potatoes Braised Carrots Strawberry Gleetin w/ Pineapple Dinner Roll Milk	5/27/2021 - HOT ● Beef w/ Vegetable Gravy Seasoned Lentils Green Beans w/ Onions Fresh Orange Wheat Bread Milk	5/27/2021 - FROZEN ● Hamburger Patty Baked Beans California Vegetables Hamburger Bun Apple Juice Milk	5/27/2021 - FROZEN ● Baked Chicken with Gravy Roasted Sweet Potatoes Green Peas Dinner Roll Orange Juice Milk
4/27/2021 - HOT ● Turkey Cannelloni Casserole Broccoli Cauliflower Oatmeal Raisin Cookie Wheat Bread Milk	4/28/2021 - HOT ● Smoked Sausage on Bun* Tater Tot Casserole Country Tomatoes Fresh Apple Milk Mustard	4/29/2021 - HOT ● Cocounut Chicken Jasmine Rice Japanese Vegetables Zee Zee Bar Multigrain Bread Milk	4/29/2021 - FROZEN ● Cheese Omelet Black Beans Stewed Tomatoes Dinner Roll Raisins Milk	4/29/2021 - FROZEN ● Baked Chicken Green Peas Brussels Sprouts Dinner Roll Oatmeal Cream Cookie Milk

Note: *contains pork

*** During COVID-19, deliveries will take place only on Tuesdays and Thursdays in order to keep everyone as safe as possible. ***