

Meals on Wheels September COVID-19 Menu 2021

Tuesday	Wednesday	Thursday	Thursday	Thursday
	9/1/2021 - HOT Breaded Chicken Orzo Pasta Sliced Carrots Fresh Orange Texas Bread Milk	9/2/2021 - HOT Sloppy Joe on Bun Crispy Cubed Potatoes Lemon Zest Broccoli Fudge Cream Cookie Milk	9/2/2021 - FROZEN BBQ Chicken Ranch Beans Mixed Vegetables Dinner Roll Apple Juice Milk	9/2/2021 - FROZEN Pesto Chicken Lima Beans Sliced Carrots Dinner Roll Orange Juice Milk
9/7/2021- HOT Marinara Chicken Pesto Penne Pasta Italian Vegetables Chocolate Chip Cookie Texas Bread Milk	9/8/2021- HOT Swiss Steak Whipped Potatoes Italian Green Beans Zee Zee Bar Dinner Roll Milk	9/9/2021 - HOT Breaded Fish Sandwich Black-Eyed Peas Glazed Carrots Graham Crackers Tartar Sauce Milk	9/9/2021 - FROZEN Alfredo Chicken Meatballs Whole Kernel Corn Diced Beets Dinner Roll Apple Juice Milk	9/9/2021 - FROZEN Meatloaf w/ Brown Gravy Crispy Cubed Potatoes Green Beans Dinner Roll Orange Juice Milk
9/14/2021 - HOT Homestyle Beef Casserole Green Peas Lemon Brussels Sprouts Fresh Orange Wheat Bread Milk	9/15/2021 - HOT Baked Chicken w/ Gravy Garlic Whipped Potatoes Italian Green Beans w/ Peppers Chocolate Chip Muffin Dinner Roll Milk	9/16/2021 - HOT Soft Beef Taco Bell Pepper Medley Charro Beans Sugar Cookie Taco Sauce Milk	9/16/2021 - FROZEN Cheese Omelet Black Beans Stewed Tomatoes Dinner Roll Raisins Milk	9/16/2021 - FROZEN Baked Chicken Green Peas Brussels Sprouts Dinner Roll Oatmeal Cream Cookie Milk
9/21/2021 - HOT Queso Chicken Cilantro Lime Tomato Rice Fiesta Vegetables Oreo Cookie Texas Bread Milk	9/22/2021 - HOT Glazed Ham* Lima Beans Mixed Greens Fresh Apple Corn Muffin/Margarine Milk	9/23/2021 - HOT Turkey Pasta Bolognese Country Tomatoes Green Beans Oatmeal Cream Cookie Texas Bread Milk	9/23/2021 - FROZEN Beef w/ Cream Gravy Roasted Sweet Potatoes Green Beans Dinner Roll Orange Pineapple Juice Milk	9/23/2021 - FROZEN Teriyaki Chicken Sugar Snap Peas Japanese Vegetables Dinner Roll Fudge Cream Cookie Milk
9/28/2021 - HOT Turkey Rice Casserole Broccoli Sliced Carrots Oatmeal Raisin Cookie Wheat Bread Milk	9/29/2021 - HOT Meatloaf w/ Brown Gravy Scalloped Potatoes Herbed Green Beans Fudge Cream Cookie Dinner Roll Milk	9/30/2021 - HOT Three Cheese Ziti Whole Kernel Corn Country Tomatoes Fresh Orange Wheat Bread Milk	9/30/2021 - FROZEN Beef w/ Rosemary Gravy Black-Eyed Peas Spinach Dinner Roll Apple Juice Milk	9/30/2021 - FROZEN Cranberry Chicken Lima Beans Whole Kernel Corn Dinner Roll Nutty Buddy Bar Milk

Note: *contains pork

*** During COVID-19, deliveries will take place only on Tuesdays and Thursdays in order to keep everyone as safe as possible. ***