

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded Chicken Marinara ² Penne Pasta w/ Asparagus Parsley Carrots Lemon Blueberry Crisp Wheat Bread/Milk	Swiss Steak ³ Garlic Whipped Potatoes Green Beans Fresh Apple Dinner Roll/Milk	Lemon Butter Pork Patty* ⁴ Dirty Rice Spinach Fudge Cream Cookie Wheat Bread/Milk	<i>Cinco de Mayo Meal</i> ⁵ Soft Turkey Taco Mexican Rice Fiesta Vegetables Sugar Cookie Milk/Taco Sauce	<i>Mother's Day Meal</i> ⁶ Honey Baked Chicken Rice Florentine Italian Green Beans Strawberry Swirl Pudding Dinner Roll/Milk
BBQ Pork Ribette* ⁹ Macaroni & Cheese Green Beans Graham Crackers Wheat Bread/Milk	Creole Chicken ¹⁰ Red Beans & Rice Spinach Oatmeal Cream Cookie Wheat Bread/Milk	Country Fried Steak/Gravy ¹¹ Whipped Potatoes Mixed Vegetables Zee Zee Bar Dinner Roll/Milk	Swedish Chicken Meatballs ¹² Green Peas Stewed Tomatoes Craisins Wheat Bread/Milk	Meatloaf w/ Brown Gravy ¹³ Parsley Rice Country Tomatoes Sugar Cookie Dinner Roll/Milk
Mexican Chicken Chili ¹⁶ Parsley Rice Sliced Carrots Chocolate Chip Cookie Wheat Bread/Milk	Beef Meatballs w/ Gravy ¹⁷ Penne Pasta Lemon Broccoli Fresh Apple Wheat Bread/Milk	Breaded Chicken ¹⁸ Whole Kernel Corn Catalina Vegetables Cherry Gelatin w/ Pineapple Wheat Bread/Milk	Baked Chicken w/ Gravy ¹⁹ Delmonico Potatoes Italian Green Beans Fudge Cream Cookie Dinner Roll/Milk	Hamburger on Bun ²⁰ Lettuce & Tomato Ranch Style Beans Hot Cinnamon Applesauce Milk/Mustard/Ketchup
Texas Chili w/ Beans ²³ Buttered Rice Green Beans Fresh Orange Saltine Crackers/Milk	Breaded Chicken patty ²⁴ Orzo Pasta Mixed Vegetables Fig Bar Dinner Roll/Milk	Meatloaf w/ Tomato Gravy ²⁵ Whipped Potatoes Braised Carrots Lemmon Berry Pudding Corn Muffin/Milk/Margarine	Mediterranean Chicken ²⁶ Lemon Herb Pasta Broccoli Brownie Texas Bread/Milk	<i>Memorial Day Meal</i> ²⁷ Hot Dog on Bun Baked Beans Tossed Salad Peach Crisp Milk/Mustard
³⁰ CLOSED FOR HOLIDAY <i>Please consume your shelf stable meal delivered last week</i>	Beef w/ Rosemary Gravy ³¹ Confetti Rice Broccoli Fudge Cake Stick Wheat Bread/Milk			

NUTRITION INFORMATION: Proper nutrition and hydration are key elements that can possibly prevent hospitalizations or even placement in long-term care facilities. Our menus are designed to meet a minimum of 1/3 daily nutritional requirements for older adults as required by the state of Texas. This equates to 3 ounces of protein, 2-3 servings of fruits and vegetables, 1 serving of grain, and 1 serving of milk. For more nutritional information, please visit our resource page.



214-689-2200

Note: *contains pork

Due to unavailability of certain items, appropriate substitutions may need to be used.