



**Visiting Nurse
Association**

Meals on Wheels
Hospice & Palliative Care

vnatexas.org



What is VNA Adopt-a-Senior?

Every year VNA hosts a Holiday Gift wrap event at the Haggerty Kitchen where volunteers come together and wrap donated toiletry items for the senior clients we serve. These items are delivered to our clients on Christmas morning along with their hot holiday meal. Due to the pandemic, this year will be a little different. We are asking our volunteers and corporate partners to assist VNA in making this Christmas one to remember by adopting a senior! Please contact Tracie Demery at VNA Meals on Wheels (214) 689-2653 or demeryt@vnatexas.org to make this holiday special for a home bound senior.

Each holiday gift bag should include the following essential items:

- (1) full-size tube of toothpaste**
- (1) adult toothbrush**
- (1) 15-ounce bottle of shampoo**
- (1) bar of soap**
- (1) washcloth**
- (1) pair of white tube socks**

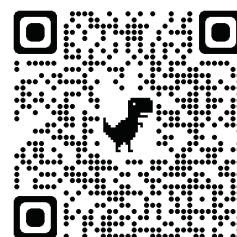


The number of seniors you adopt will be up to you! You will personally wrap each individual item in the comfort of your own home and then place them in a holiday gift bag which will be provided by VNA. After the bags are completed, they can be dropped off at the VNA Meals on Wheels Haggerty Kitchen location (1440 W. Mockingbird Ln, Dallas, TX 75247) **Monday – Friday from 9AM-2PM.**

If you would like to order these items on Amazon, visit our [Amazon Wishlist](#).

The following items will be provided by VNA Meals on Wheels:

- Decorated holiday gift bags



Contact Tracie Demery at VNA Meals on Wheels for more information at (214) 689-2653 or demeryt@vnatexas.org.