Clinical Excellence

VNA Care Choices focuses on improving quality of life for patients suffering from serious and complex illnesses through symptom management and supportive care.

The team is led by our Palliative Care Physician and Nurse Practitioner:



Kelley Newcomer, M.D. Medical Director of Adult and Pediatric Hospice



John Caldwell APRN, M.S., FNP-C







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For More Information (214) 689-0000 gethelp@vnatexas.org

VNA CARE CHOICES Supportive Palliative Care





Following the diagnosis of a serious illness, you and your loved ones may need more support. The VNA Care Choices program provides supportive palliative care in the home without discontinuing other treatment options. You will have greater control in care decisions through disease education, in-home clinical support, and care navigation. Our expert staff will help you navigate the medical system, weigh options, and communicate with your physician(s) while helping with symptom management and clinical needs.

> If you are considering VNA Care Choices, please contact us. vnatexas.org (214) 689-0000 gethelp@vnatexas.org

What services should we expect?

- VNA's board-certified physician and team make home visits and prescribe medications to ease your symptoms
- RN Case Manager develops a care plan focused on symptom relief and quality of life
- Medical Social Workers and Chaplains provide additional support and access to community resources
- Assist with Advanced Care Planning, including advanced directives
- Communicate between you and your care
 provider(s) regarding treatment options
- 24/7 nurse consultation access to prevent unnecessary hospitalizations and ER visits
- Provide illness education and symptom relief measures
- Review your current medications
- Child Life Specialist

Who is part of the care team?

Your supportive palliative care team is here to manage symptoms while providing spiritual, social, and emotional support.

- Board-Certified Palliative Physician and Nurse Practitioner
- Palliative Care Registered Nurse
- Medical Social Worker
- Chaplain
- Pharmacist
- Your Physician or Specialist

Who uses this program?

Patients suffering from the following diagnoses benefit most from home-based supportive palliative care:

- Cancer
 Heart Failure
- Liver Failure
- Pulmonary Failure
- COPD

How do we get started?

You may be referred by your physician, or you may reach out to us directly.

- 1. A VNA Care Choices Community Liaison will reach out to you to discuss the program and your options.
- 2. A nurse will visit you for a full evaluation and develop your plan of care.



