

# Proclamation

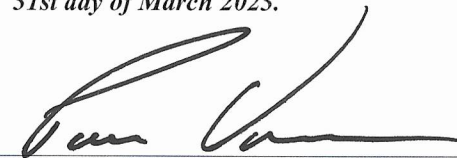
## CITY OF RICHARDSON, TEXAS

- WHEREAS:** On March 22, 1972, President Nixon signed into law a measure that amended the Older Americans Act of 1965 to include a national nutrition program for individuals 60 years and older; and
- WHEREAS:** Meals on Wheels programs – both congregate and home-delivered, in Richardson have served our communities admirably for 50 years; and
- WHEREAS:** Volunteers for Meals on Wheels programs in Richardson are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and
- WHEREAS:** Meals on Wheels programs in Richardson provide nutritious meals to seniors throughout Richardson that help them maintain their health and independence, thereby helping to prevent unnecessary falls, hospitalizations and/or premature institutionalization; and
- WHEREAS:** Meals on Wheels programs in Richardson provide a powerful opportunity for social connection for seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and
- WHEREAS:** The senior population is increasing substantially, and action is needed now to support local Meals on Wheels programs through federal, state, and local funding; volunteering; donations, and raising awareness to ensure these vital services can continue to be delivered for years to come.
- NOW, THEREFORE,** I, Paul Voelker, Mayor of the City of Richardson, Texas, do hereby proclaim March 2023 as:

### MEALS ON WHEELS MONTH

in the City of Richardson and urge every community member to take this month to honor our senior nutrition programs, the individuals they serve and the volunteers who care for them. Our recognition of, and involvement in, the national March for Meals celebration can enrich our entire community and help combat senior hunger and isolation in America.

*Given under my hand and seal of office this  
31st day of March 2023.*



Mayor, City of Richardson

