

Office of the Mayor

roclamation

MEALS ON WHEELS MARCH FOR MEALS

WHEREAS: on March 22, 1972, President Nixon signed into law a measure that amended the Older Americans Act of 1965 to include a national nutrition program for individuals 60 years and older for more than five decades this landmark haws helped to fund community-based organizations and is still the only federal program designed specifically to meet the nutritional and social needs of older adults; and

WHEREAS: volunteers for Meals on Wheels programs in Garland, TX are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and

WHEREAS: seniors throughout Garland nutritious meals are to help them maintain their health and independence, thereby helping to prevent unnecessary falls, hospitalizations and/or premature institutionalization. This is also a powerful opportunity for social connection for hundreds of seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

WHEREAS: Meals on Wheels programs in Garland, TX deserve recognition for the heroic contributions and essential services they have provided amid the COVID-19 pandemic, inclement weather and other emergencies.

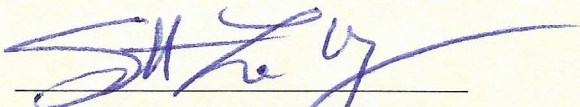
NOW, THEREFORE, I, Scott LeMay, Mayor of the City of Garland, Texas, do hereby proclaim March 2023 as the 21st annual March for Meals Month.

March for Meals Recognition and Appreciation Day

in Garland, Texas.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Garland, Texas, to be affixed on this 21st day of March 2023.





Mayor, the City of Garland