

IMPACT REPORT | YEAR-END 2023-2024

Here are some highlights that you made possible!

VNA MEALS ON WHEELS GROWS!

In our 2024 fiscal year, we made a goal at VNA Meals on Wheels to reach 5,000 hungry, homebound seniors to provide food and friendship every weekday. With your help, our dedicated team has surpassed our goal! From our 2023 to 2024 fiscal years, VNA Meals on Wheels grew by more than 18% and served more than 1.3 million home-delivered meals! We know we will continue to grow and make an even bigger impact in FY25.



Scan here to listen to
our VNA Podcast

OPTIONS IN SERIOUS ILLNESS CARE

We are proud to offer our VNA Care Choices Supportive Palliative Care program. The need for this vital service for seriously ill patients grows every day and VNA served 372 palliative patients in our 2024 fiscal year. Understanding the difference between palliative care and hospice care can be challenging, and our expert clinical team is always here to help provide clarity. Listen to our *Aging Well with VNA Podcast*, *Understanding Palliative Care* to learn more about the many benefits supportive palliative care can offer and how to know when it's time to engage this type of support.

VNA VOLUNTEERS MAKE THE MISSION

The dedicated army of VNA Meals on Wheels volunteers continues delivering the food and friendship our hungry seniors love and ensuring VNA can help feed even more in need. We saw a steady increase in volunteers in FY24 and had 90 corporate and community partners participate in Days of Caring! As the volunteer landscape evolves and VNA grows, our volunteers are even more imperative than ever before! If you'd like to sign up to deliver meals and love, go to volunteer.vnatexas.org to get started!



UNMATCHED LEVEL OF CARE

VNA's incomparable continuum of care also grew in FY24 with the incredible dedication of the entire VNA team. The Meals on Wheels and Palliative and Hospice Care teams collaborated to provide wraparound services to ensure our homebound seniors are safe at home. The Community Health Workers completed 739 screenings, made hundreds of referrals for additional services, and connected more than 100 clients with a higher level of clinical care in the home.



**Visiting Nurse
Association**
Meals on Wheels
Hospice & Palliative Care

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